

THIS IS THE M  
OMENT YOUVE  
BEEN WAITING  
FOR

INCLUDING  
VISION QUEST  
POSTCARDS  
AND MUSIC  
PLAYLIST

Love Living Life Every Now

Free Yourself Covenant

# In Anticipation of Magic

By Samy Simpson

Seekers Wanted. Aliens Welcome.

© 2019 Tuned In Corporation All Rights Reserved



*You have an original story...buried inside. Please come and get it! Go there. Expand your capacity.  
Get over yourself! "Be in service" is the command to break any tie for every duality and come  
back to a neutral state of becoming here.*

*I Am always rooting for you.*

*The freedom is wonderful!*

*Dedicated to Tyler, William and Ezra when you are ready.*

*Thanks to my mother Jo Ann for guiding me home.*

*In honor of my grandmother Jean who protects every now.*

*For dreamers, thinkers, and lovers.*

## Love living every life now forward

Welcome to the beginning of your greatest quest that isn't going to be easy. What you will uncover inside is holding neutral space for nothing; it's the point of a never ending evolution...Creator.

The true power to bring life to life is choosing a state of becoming in the way you tell the truth. Community is about each person bringing forth this unique gift. No map, steps, roles, process, rituals, traditions, or previous expectations to follow any longer. Surrender. Don't know the answer or be anything first. Let go!

What is your intuition telling you? How deep do you really trust yourself? To do this now means loving you from the very center of the all living source.

You are actively being recruited for evolution.

Give up all the mental weight to experience how high you can really fly here. Now is the moment you've been waiting for!

This salvation covenant is written as a way to listen to free yourself in anticipation of magic. Some readers will struggle to understand certain areas or intentions but should attempt to spend time in each section. All is divinely inspired only to be a spark to ignite creativity and the challenge or difficult parts will play an important role as a reflection point to open

every dimension of your Living Spirit being here; present now.

Start with nothing to explore the relationship between everything and grow you in your own way. It's important not to neglect the whole counsel of synchronicity. Revisit again and again for the experience to change your life.

Be compassionate with yourself, don't force anything, and simply place focus on here is here. Where you are is exactly where to be right now. Place all your attention on this moment and free your senses for wild surprises in self-realization and unconditional love.

Just show up! Be open for receiving the wild surprises.


Make your greatest intention present in every moment.

The grammar is sometimes bad and sentences are written funny on purpose to create pause. Take the intentions as a starting point and do transpose them in your own way. You know how to ignite passion to be best to belong in the moment. In Anticipation of Magic is given to evolve with every person who experiences it.

*The first time I woke up my true self in this life it was a complete celebration. All love! Others become present...you just know they have always somehow been here. Each personality; every dimension of me now neutral, together, inside this moment. God! Instantly. Cheering. Welcome home!*



DATE ○○○

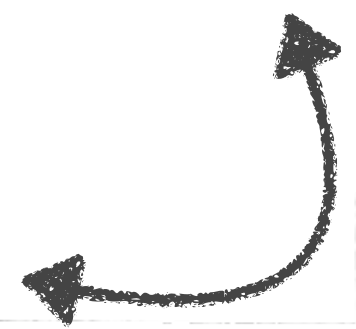
~~Happy~~ New Year !!!  


Mom Diary Page Happy Face

*May this be your best year ever!!!*

*The life that you love is the life  
you will have. The love that you  
share is so beautiful; like the best  
rainbow ever.*

*-Ruby Jo Ann Booth Simpson (mom)*





You are waking up! What you feel and are now experiencing is no accident. There is nothing to justify to those who don't yet understand evolution. Just show up. A time about you!

**It is essential to remain neutral to move into your quantum power space for creating a reality of what you may choose at any given point.**

Be at a place of non-judgement and lightness of being. Stay out of duality to focus on your greater trajectory. A starting point in the middle of everything. Intention! The seed to grow and branch infinitely.

Continue to pull in the motive of you by becoming more familiar with the fluid perception of your soul-intuition beginning practice today, and to choose bringing life to life moving forward; surrender every step, take



away any pause...you can start right now; wherever you are.

The call to act has sounded; even if not at first for you as an alarm.

Clues have been alerting some just recently, others for quite some time; many for absolutely all of this life. The good news is there's more of us awakening than ever!

What's important is YOU are uncovering a greater realization to recognize a glistening thread to unify various forms of synchronicity for the

fullest interpretation of yourself giving greater attention to serve all.

No longer deny your duty! Deeply delve into everything and anything that interests you, makes you genuinely laugh; feels like creative expression. What lifts your heart and spikes curiosity!

A bold adventure of being here in a new way where nothing is highly charged but you are making choices as a highly advanced disciple for harmony and healing; a greater possibility.

Do it, or risk going away.

## ***The Simplest Clue***

*The watchmen said, morning comes, and also the night. If you will inquire, inquire; come back again.*

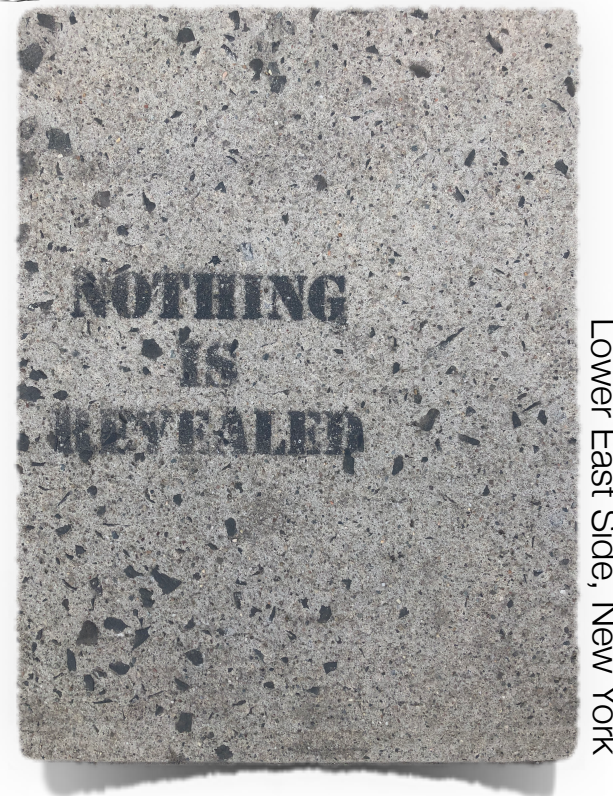
*\*\*First person references are double entendre throughout the guide.*



Start by directing your self-awareness to be neutral so mind space opens beyond the centralized dogmatic or fixed definitions taught and programmed here. It's simple! Life communicates what to do in satisfying every occasion for how to be in this world. But you must listen and exchange full attention!

The possibility is uncovering a unique essence pulsating in every aspect of you collectively existing here, neutral; all at once. Let go of what you think you know. Be mindful and conscious of what's really happening in this moment using your senses at this intersection for bringing all tools and memories together right now.

Consider how many times you have already been called to serve, but were out of synch without being in a *state of becoming*, which is the greatest gift you will allow no matter where you go and what activities are engaged in. Give yourself becoming this new identify now. Explorer. Creator.



Becoming. Make it the greatest intention present in every moment for finding nothing but Divine guidance in you; everything.

No following another's path forward!

At this point it's about the frequency you carry in an urge, or the surge to aim thoughts and feelings to strip away fear, opinion, and resistance based conditioning. Neutral to stand in the fullest light and truth wherever you

are to reproduce unconditional love and help continue evolution here. Now!

It's your greatest work! How you direct it in more detail and activities develops a living playground here. Heaven on earth!

**The greatest love comes from your soul, not childish, but child-like, who loves to play here to get the most out of this physical experience in tangible ways.**

Honor your own calling in self validation and collective trust in hope of a renewed creation in anticipation of magic.

Your freedom of mind; free open heart is what to wish the most for you. It can be so! When in agreement you make a happy face to bless the planet as it already has in so many ways. Don't ever doubt your face lights up the world *living life loving every now!*

## Index

Page

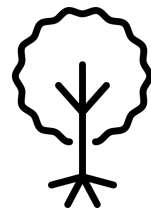
8



I Am My Own Teacher

Page

9



Life Creates Life

Giving

Page

24

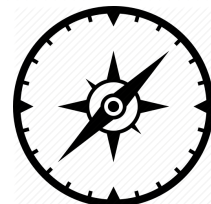


Rare Nerve Finds You!

Present

Page

34



Change The World

Surrender

Page

45



Shift Evolution

Exist

Page

50



I Am Already Wow!

Delight

Page

60



Make A Happy Face

Love

Exploration.

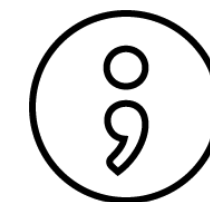
Book of Spirit I

Attention.

Living Now  
Guidance

GPS

Action.



Being Here; Present Now

Exploration.

Book of Spirit II

Attention.

Every Life  
Experience

EDL

Action.



# Vision (Q)uest



West Village, New York City

## Collective

*Watch a lead bird. The flock follow even though they can also fly as well. Lazy? Intelligent? Actually. Look closer. Each move all forward taking a turn at the head of the pack. #soar*

*Song: Born Again,  
Josh Garrels*

Each page features vision quest postcards (Q Cards) created with an open-ended framework for communication, using sound, symbols and prophecy.

**Create your own triad! Use intuition and self-realization with music, and a visual example in a moment that just shows up as a neutral surprise in-between everything that makes you say WOW!**

Share your perspective and communicate the messages with your own creative expression. A wider view and open mind connects the synchronicity of unconditional love in everything.

**\*\*I like to @shazam the titles and artists playing inside a Q moment where good ideas ignite my senses so to remember a score. I also look up to capture my feelings or thoughts with an image, or screen grab right from where I Am to place a pin in the location.  
-Sammy**

## Free Yourself Covenant

Come let go to uncover 'I Am' simply existing wide open from the delusion and demands of an arrogant and self-affirming ego. Release your spirit *living life loving every now is how to surrender the mind.*

Be Ridiculous. Be Raw, Be Real.

**Uncover the seed of the Divine existing within a calm stillness inside you. A direct, inner experience with God. Opening the self-realization of a heaven on earth reflecting what you truly love. A space you create reality in what you choose at any given point.**

The time is now! Grant yourself permission and space to 'go there' inside you. WOW the mind in the courage to step over the furthest edge where there is no expectation for the ego to control thinking any longer.

Surrender each step in neutral reflection and greater awareness of a free spirit inside you able to challenge subconscious influence and fake personality. A better hero emerges in

the true identity living a life you really love linking and integrating true nature.

Join the movement. Empower yourself with an intention worth listening to start encompassing all reality and balancing every time from the exact same starting point. Say the 'I Am' messages to hear you repeating the words in your own voice and to feel with all senses the pure desire of the Living Spirit present, here, now. It's you!

***I Am in anticipation of magic by reflecting what activates every sense of me within self-realization. I Am transforming myself and evolving my entire world. I Am taking each step in surrender of eternal support for living a life I love with complete freedom, confidence, and choice. I Am now allowing my judgement and hope as equal factors of salvation being the symptom to commit going beyond the farthest edge of my mind for greater collaboration with me and the Divine.***



Meatpacking District, New York City

***I Am the current investigation or something better, now or later, for the highest good for all concerned.***

***I Am accepting taking action by allowing joy in a state of release while simultaneously experiencing all. I Am letting go of control to not push anything so to be available and present for the wild card beautiful surprises to just show up.***

***I Am life creating life.***

***I Am ready!***







## I Am My Own Teacher Guide

*Freedom of Mind. Open Heart. Meditation.*

**I Am finding quiet space and will bring a notebook each time. I Am opening myself by placing the \*left hand over my heart while in reflection; hands down, palms open**

**for meditation.**

I Am choosing one inspirational intention from any area of the covenant that calls to my attention right now to free my spirit in exploration, attention, and action.

I Am placing the words gently in thought while directing all my awareness to reflect upon the message pulling in this aspect of me becoming more and more familiar by browsing that part of who I Am. Add, "I love you! Here am I. Send me. I Am listening."

I Am breathing completely inhaling through my nose, and out of my mouth exhaling while focusing attention on my breath for as long as possible to quiet any internal chatter, or outside interference.

I Am next closing my eyes when ready for meditation and activating me now by asking myself, "to think about what I truly love."

I Am feeling myself full of love. I Am sending all that love out to the world. I Am giving myself love in return.

I Am now letting go to make myself receptive to divine guidance present inside the surrender of meditation and by opening self-awareness of my living essence creating a new reality.

I Am not afraid as this way with no end is pure passion in every dimension, time, and space. I Am simply here, compassionate with me, taking as much time as needed.

- I Am not anything, first
- I Am not knowing the answer
- I Am allowing attention to find me

I Am pausing if frustration arises, and will return back to hold space in a new meditation another time.

I Am committed to stay curious step-by-step and keep responding to what is revealed to me inside and out. I Am in a state of becoming which is the greatest gift to give and in what activities I choose to engage.

**I Am completing each request with gratitude, "Thank you God for being here another day. Please help all of us."**

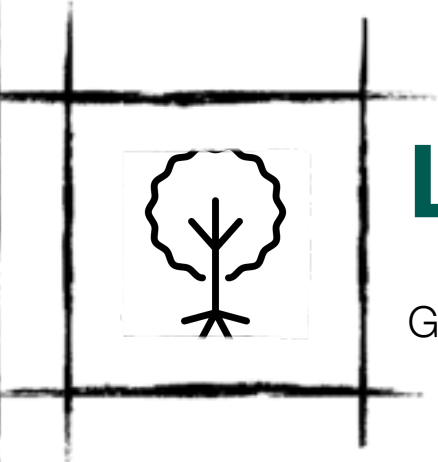
\*The left side is feminine and stimulates the right side of the brain (visual, intuitive and creative). Left hands are not forgotten!





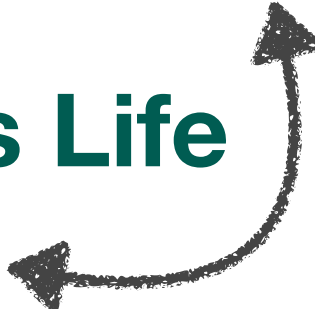
Berlin Wall at LACMA, Los Angeles.

Book of Spirit I | Living Now Guidance  
Exploration



# Life Creates Life

Giving





**I Am the exact same purpose as all creation. I Am life creating life.**

I Am In Anticipation of Magic with enchantment in a way not known, on a path I do not know an answer.

I Am an exceptional case to enter a physical Ascension without experiencing physical death.

**I Am an example of unconditional love.**

I Am neither charged, or deciding in a place of judgement, for observing a current neutral reality already rising and expanding throughout my world.

I Am beginning with independence to direct my mind in new direction.

**I Am no longer in my own way.**

I Am conceding empty mind space for my own self-realization to reveal a profound revolution by repeating, "Oh vastness, bring me to birth."

## Earth

*Turn on the light. It was really dark. No one came. So completely alone. The experience starts super quickly. No knowing. Highly recommend! #4stars*

*Song: I Hear Your Song  
Sweetness,  
George Taylor*



Roseland Ballroom, New York City

**I Am uncovering love resting in peace currently waking up my incredible soul-intuition, a blessing faithfully, and being free.**

I Am consenting to being present with, and receiving my greatest quality and deepest value in every tangible action to renew the drive, self-discipline, and giving full attention just

showing up with the most frequency and in already dedicated time.

I Am flowing as an expression of stable trust and balanced emotions saying yes to the experiment I Am; life creating life.



I Am exceptional by birth, a living essence with the ability to easily manifest the means for every situation, and release all outside blame to fulfill a salvation quest I Am seeking with no ordinary reason for making my life extraordinary.

I Am whole in body, mind, and spirit belonging best in each living moment longer to connect my genuine Spirit in impartial collaboration with who I Am already as a Divine spark.

**I Am declaring to exist, occur, and be present in all matters.**

I Am a strong, courageous, and passionate vision.

**I Am saving fear with brave confidence on a path I Am creating with all my senses leaning in for wild surprises.**

I Am an active gesture contagious with real happiness.

I Am operating outside of the scope of my controlling ego for greater opportunity or degree to cause myself simply existing with real adventure.

I Am selecting to be neutral inside the chaotic pursuit for beholding me as pure joy and lasting peace.

I Am flowing as an expression of stable trust and balanced emotions saying yes to the experiment I Am; life creating life.

**I Am filling my heart with love, faith, compassion, and grace with every breath.**

## Free

*Meet yourself without the pause. Witty. Funny. Real. Free. Nothing to wait for.*

*Song: The Night We Met,  
Lord Huron*



West Village, New York City

## **I Am really afraid but accept me for who I Am.**

I Am letting go. I Am able to live confident with no hard feelings.

I Am the way to tell the truth.

I Am conditioning my inner child with no fear-based importance or false authority for receiving the same experience.

I Am giving back to me drawing only from the core of unconditional love that everything is.

I Am walking longer, laughing harder, speaking louder, and traveling farther by committing to support the highest good, or something greater for me and all concerned right now.

I Am understanding the way home is to cease resistance and submit my heart in definite faith and trust to the substance of everything Divine for absolute consideration to accompany each step.



**Vibration** When suddenly my intention is around me. | Song: Like Lions. Blind Pilot

**I Am shifting my mind and all thinking for pulling tools and directing memories toward manifesting only a state of becoming of which I Am welcoming myself here now.**

## **I Am not anything first.**

I Am no longer limited by any temporary spell or dimensional karma stuck in any time or space without my present agreement.

I Am empowered beyond any illusion of unselfish purpose in submission of fully existing free.



I Am allowing a glistening consistent thread of light to stand above in all dimensions of me so self-awareness and reflection can instantly notice what is lifting my heart, and peaking my curiosity directly.

**I Am granting easier choices in any circumstance, and choosing more effortless.**

I Am a testimony of intuitive messages dripping inside me like a complete infusion to awaken every sense carrying wellness throughout my body, and inside every generation of me right now.

I Am masterful by not holding thinking complete for letting thoughts wonder to uncover freedom in my chosen responsibility here.

Meatpacking District, New York City



## Passion

*Raise your hand! It's time to get going here. Waited long enough. And for some (honey, let's admit it) that's been forever. Surrender. No more giving someone else's answers to your questions starting now. What have you got to say about it?!*

*Song: The Stable Song.  
Gregory Alan Isakov*

I Am a witness of deliberate and simultaneous occurrence pulsating a strongest sense catching my attention by turning around quickly so as to face me another way in meaningful coincidence and giving honest evidence.

I Am the thoughtful realization not getting lost in another identity.

I Am connecting nature, other beings, and to the whole universe in general.

**I Am being absolutely unspecified or unknown to value each individual discovery.**

I Am a catalyst to integrate the human and divine for someone.

I Am compelling my living essence by taking immediate action to value nothing wrong and dismissing all manipulating forces while I Am playing freely.

**I Am silencing ego by choosing me being unconditional love.**



I Am recognizing the mundane as being extraordinary with every step; even going nowhere.

**I Am no longer in envy, or giving consequence of a misstep meaning anything, except rehearsing the unexpected.**

I Am forgiving, coming before all, in time or order of past failure.

I Am a direction of my own faculty using sight, smell, hearing, taste, and touch for effectively standing guard more strictly over listening actively while connecting external stimulus.

**I Am putting not knowing an answer first for no longer defaulting to pre-conceived assumptions.**

I Am conveying an emotional calm in reaction of each human interpretation, personal gain, or converting to dominance patterns.

I Am remembering with organic, loose, and free movement a life journey using only wonder as my intuitive guide.

I Am the pure impulse of a living mind with no inheritance proclaiming WOW again and again in each pursuit

of only asking a larger question without any certainty.

**I Am meeting everything, and any one, with no intervention or means of doing something previously.**



## Original

*Scared too young to stay different. Just stopped. Must escape. Normal is terrifying.*

*Song: Numb.  
Max Jury*

**I Am the light of my soul taking action as a blessed creator of bountiful investigation in infinite directions.**

I Am now awake in the dream of living life every now.

I Am affecting all parts of me with equal balance fully aware of my efforts, and responding without pause in passionate practice.

**I Am gentle in surrender of my Living Spirit cradling me like a newborn being held safely in loving arms.**

I Am unrestrained by holding no negative mental weight for flying higher, and higher.

I Am giving full attention to what moves me, and will freely replicate that intention by elevating my genuine voice and original expression to spread light to give and receive to all in my world.

West Village, New York City



## Back Again

*You've got it! Never really was a search. Uncover. Remember? Wasn't that easy?!*

*Song: Lovin' You, Railroad Earth*

**I Am opening my full awareness to the wonders of living life now.**

I Am strong, kind, and compassionate for myself to silence a fleeting inner dialogue in a constant state of feeling great distress or discomfort of being right.

I Am unified with stillness inside my heart for hearing the Divine echo sending waves and waves of cherished aspiration, ambition, and ideal perception reflecting my authentic sweetness returning to me from anything and everywhere.



**I Am committed to an inquiry based practice and result-oriented experience.**

I Am willing, living, and doing while fully present to the great Mother navigating every instrument of evolution.

I Am opening my deepest intuition to be called again in this giving moment to serve by decree, "Here am I! Show me."

I Am trusting in genuine joy and peace no other can teach interjecting in soft, sensitive, serious ways.

I Am satisfying each need easily by honoring my extraordinary desire for living free.

I Am an example of the endless abundance fulfilling every need of my greatest intention present in every living moment so to branch in any direction for continuous growth!

I Am understanding life will reveal what it needs me to do in productive alliance for revealing positive release.

I Am blending the discipline to simply exist with a flexibility of true purpose for

clearing any limiting connection.

**I Am granting a miraculous realization standing up, or out, right now.**



## About Doors

*All doors have an opening somewhere.  
It's why a door. Stop holding it shut!  
Come in. #welcome*

*Song: The Rains,  
Henry Jamison*

---

**I Am the fortune at the end of a road with no end.**

---

I Am the maturity of not concerning my living mind, to dissolve the addiction of judgement, in other opinions always popping up instantaneously in my world.

---

I Am leaping in the direction of my spirit gravitating a vocabulary of my own taste.

---

I Am dedicating my senses entirely for holding authentic attention.

---

**I Am the quality of my own actions completely loving who I Am.**

---

~~I Am the positive sensations in my human body justifying existing here and now.~~

---

**~~I Am neutral when others dare me otherwise.~~**

---

I Am no longer lying to myself to be any where else except here now and nobody more than what I Am; life creating life.

---

**I Am great work of infinite proof.**

---

I Am expanding and investing restraint to motivate complete seasons of living.

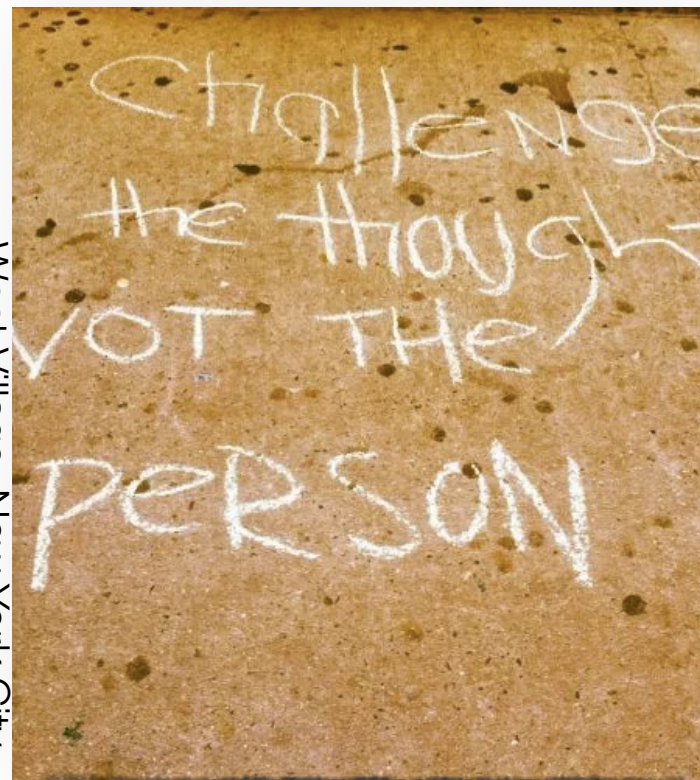
---

**I Am nothing like me, even in failure.**

---

I Am in anticipation of magic with the rare nerve with self-realization and prolific development for no longer hiding any meaning to determine my reality.

West Village, New York City



## Evolution

*What an honor to be living now! We really should get to know each other better. Together is how to do something.*

*Song: Revolution.  
Van William*

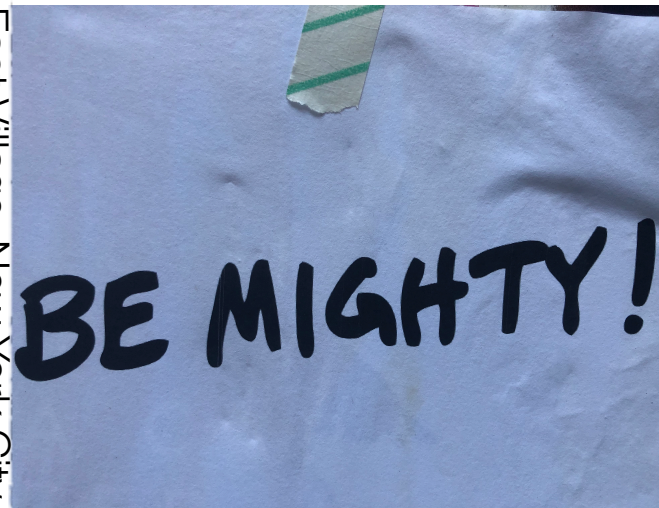


## I Am accountable for my own fresh initiative.

I Am the essential character in my narrative able to choose exclusively that which causes me occurring, or being present in a person, place, or thing.

I Am stillness inside the ever-expanding chaos without resistance or judgement to open feelings no longer in a box of what my inner child or shadows disguise.

East Village, New York City



## You

*Recognize how you hold things in order. You've got this without question. Trust. It's you.*

*Song: You Are Loved.  
Jai Jagdeesh*

## I Am the saving light shining on myself which is so imperative at this time!

I Am the result of the eternal soul's mission to simply exist.

I Am a living spark for creation giving steadiness, courage, and purpose in

action, or condition, by natural selection of evolution in this moment.

I Am my own remedy in self-awakening with a great intention present in this living moment to influence bending back toward me for new exploration.

## I Am the right answer.

I Am the inventive capacity answering my call to risk a total manner of appearance, to put my self, at this age, time, and place in equal balance with unbiased conviction of serving active, conscious, sacred for expanding the living playground here.

I Am transmuting my whole self not in control of characteristics, key events, and situations with human walls that have been set up against me.

**I Am not a victim, or need to be cured.**

I Am vital and brilliant with a mental calmness and gentle resolve for learning what to appreciate in wonder of this occasion.

I Am at the creator of my own circumstances and know what I start commands everything instantly.

I Am accomplishment composed firsthand to free a living mind of ridiculous rules from anyone who may come along, and totally release any past spiritual karmic debt with liberation without exception.

**I Am raising my self-awareness to justify action, and sense harmony, right now on the spot.**

I Am nothing, or anything first, for considering everything instantly.

**I Am awake in-between all with the power to choose for bringing my life to life!**

I Am a fundamental change for humbly understanding soul-altering determination capable to modify enlarging and expanding living by growing from the very seed of existence.

Newseum, Washington, D.C.



## Bad Focus

*Trying to always be right is not a productive way to learn real magic.*

*Song: Different Now,  
Chastity Belt*



**I Am the value of moral conduct  
beyond often rehearsed rituals and  
irrelevant conformity.**

I Am appealing in venerable  
commitment to position reality only in  
absolute faith and trust of nothing is  
permanent or perfect to be  
impeccable.

I Am building perception with  
anticipation in nothing existing  
without my own self-awakening as the  
fundamental structure of the universe.

I Am expressing a language of basic  
instinct for innate guidance with a free  
will to direct my current state.

**I Am using self-realization to attend  
and act while listening with purely  
my feelings available.**

I Am unified in balance of  
transforming my well-being minus the

Buzz Knight desk plaque, Boston



## Legacy

*Prayer: I'm so eternally grateful for  
uncovering my active, successful,  
unique and complete idea. The  
intention through me leaves a long  
legacy. #DWYSYWD (Do what you  
said you would do)*

*Song: Afraid of Nothing,  
Sharon Von Etten*

learned control of an ego protecting  
itself within fear-based thinking.

I Am no longer developing with pre-  
existing conditions, or with majority  
contribution, honoring memorizing  
cues for reasoning with my internal  
process qualifying fixed patterns of  
behavior.

I Am the instruction of myself and  
silence destructive behavior patterns,  
and infantile neediness, dependency,  
and dread of abandonment activity  
forever.

**I Am in lightness shifting culture;  
generating transformation in my  
entire evolution.**

I Am pure love unfolding in a continuous flow of miracles with peace, happiness, joy, and courage integrated in majestic harmony with the God/Goddess I Am.

**I Am converting beliefs by working out in action what to distinguish solely by participating with unbiased exploration.**

I Am placing myself with objective super power every time something disagreeing or incongruous occurs.

I Am the cause and effect capable of navigating difficulty or avoiding destructive outer activity.

**I Am forgiving myself and everyone on my journey for difficult times to benefit the evolution of my soul.**

I Am a reminder of the operation or relation to deny the arrogance of my self-importance with any attempt to rush forth again.

**I Am in awareness by being aware.**

I Am using a fundamental sense of having spaciousness in everything to always come home again where the heart is.

I Am in command of me and give up fear-based control.

**I Am enough!**

I Am not a judgement.

I Am allowing my Living Spirit navigating entirely to simply 'come play with me' in extraordinary courage and bold exploration.

I Am suppose to pause exactly where life stops me to pay attention with full awareness.

I Am talking positively to my self to set an example for others.

## Neutral Space

*When only a high or low shows up in thought. The moment has no room left for the heart to dance. #smile*

*Song: Awake, Freedom Fry*



I Am the result of my greatest intention present in every moment ready to reflect back to me with grace and mercy always giving in this now.

---

**I Am nothing more.**

---

I Am never forcing life but will pause to relax, then return again another time when something isn't flowing naturally.

---

I Am a version of the whole universe.

---

**I Am more obvious than filtered using raw perspective as solution of any idea worth listening to prioritize originality as the elixir for developing integrity and excellence.**

---

I Am noticing what actually is moving me existing entirely creative, taking a risk, pushing hope to action, never saying no, and spending time in revolution of conventional assumptions and conclusions.

Riverdale, Bronx



## Hello

*Meet where you are. Show up here!*

*Song: I Am the Light of My Soul. Sirgun Kaur & Sat Darshan Singh*

I Am a pure essence and an underlying principle for upgrading each soul in this collective living playground.

**I Am expanding intelligence by collaboration, co-creation, interactivity, and empowerment with individual and collective self-revision.**

**I Am giving and receiving ascension  
by sharing my message; physical,  
mental, emotional, spiritual with  
every transmission now.**

I Am born again to expand all  
imagination.

I Am no longer searching and will  
begin listening, feeling and  
experiencing now.

I Am allowing myself to not think  
and simply be present.

**I Am the exact same purpose as all.  
I Am life creating life.**

Lower East Side, New York City



## Act!

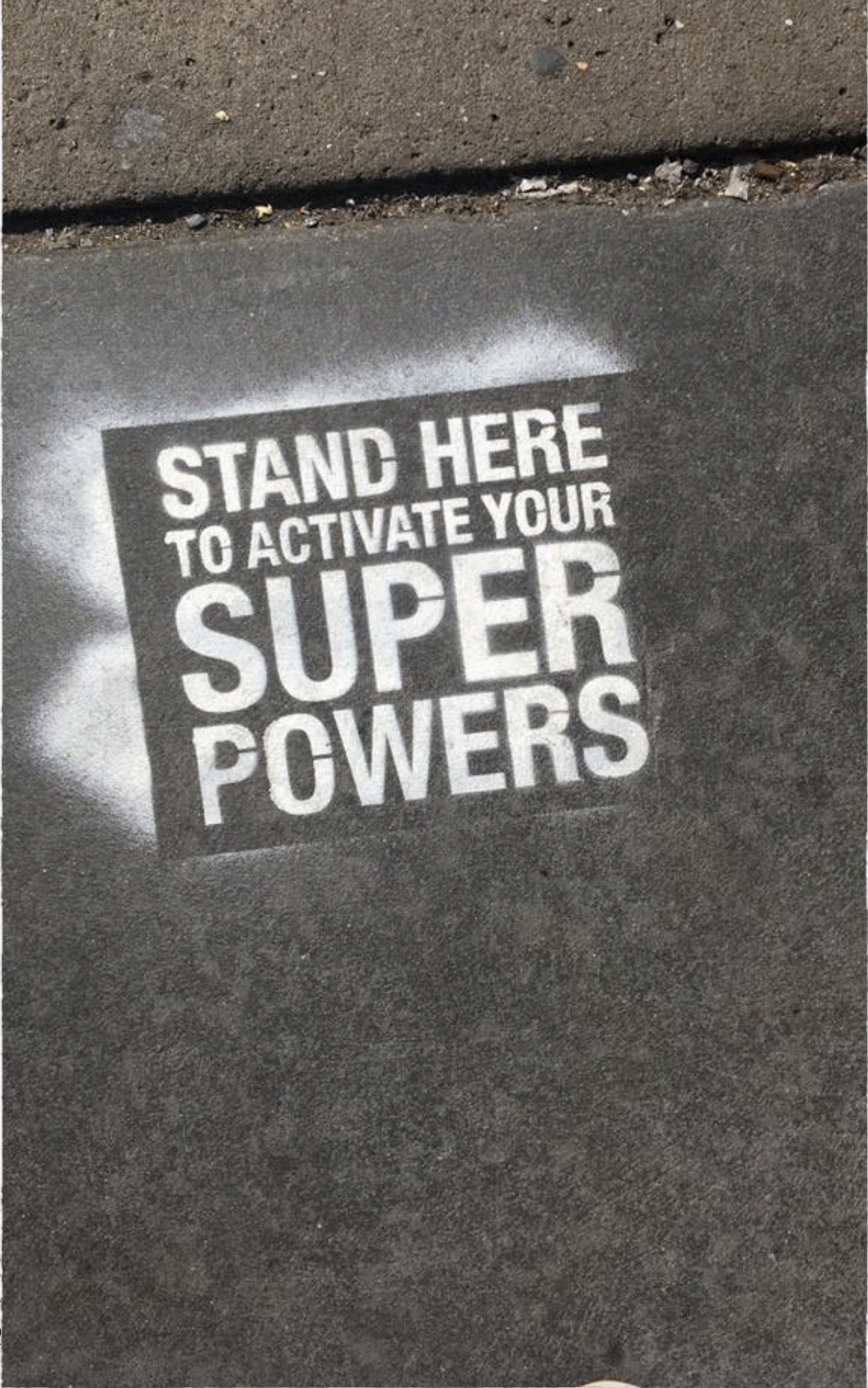
*Releasing comfort. As a most important  
part. Terrifying. Until a calling greater. Or  
no time left Uneasy now? #focus*

*Song: Fallss,  
Bayonne*





West Village, New York City





I Am awakening the value of my greatest intention filling the air with powerful wisdom and inspiring truth to amplify my living experience with freedom, confidence, and choice; for always causing this now.

**I Am the immediate abundance living and growing as all nature.**

I Am a dynamic channel to the eternal masters and teachings to practice powerful divination to provoke a rare nerve of lightness to carry out my most important mission.

I Am in action to simply exist fully awake and totally free in reflection and confession of infinite possibility

here and definite evolution of every dimension; my past, my present, my future!

**I Am in questioning myself knowing if I Am living right, or not.**

I Am not the environment or dogma that nurtured me how to be hiding in default programming currently making choices.

I Am a Living Spirit existing in a state of accelerated motion with a frequency reflecting back a motive present in whole quantity.

I Am calling me beyond the furthest edge of my living mind in the collective resurrection to rebirth an entirely awakened unconsciousness.

I Am building stamina on how to be by not knowing; only surrender each step.

East Village, New York City



## Make Noises

*(breathe in) Give yourself the love you're seeking here. OK? Trust. (full breath out) Now, it can show up. #chooselove*

*Song: Hands Down,  
The Greeting Committee*



I Am the exact essence of  
precise timing with a  
perseverance required to resign  
every living moment.

I Am falling in love.

I Am creating liveliness.

**I Am making my own way in  
full attention when the world  
gets the best out of me.**

I Am activating absolute neutral  
power by placing my  
emotionally wounded inner  
child in the passenger seat for  
recovery of wonder in the Divine  
spark steering entirely in my life.

I Am releasing any aim in the wrong  
assumptions for a future outcome that  
doesn't struggle in fear-based control.

I Am opening the fortress around my  
heart and expanding the framework  
of a loving mind by no longer

Tribeca, New York City



## Living

*Life reveals how to be in the world  
but we don't listen. But stop your  
mind long enough to actually  
consider it right now. And that's the  
point. Feel what it means for you.  
Surrender. Now do something  
about it.*

*Song: Low.  
Trace*

protecting any deep fear operating to  
coverup my true self just showing up.

I Am letting go of beliefs generated in  
suspicion of living and the worry of  
praying for only what I don't want.

I Am excluding from waking  
thought any recurrent manipulation to  
avoid-defending the pain and trauma  
of thinking lost while stuck in a loop  
of my sub-personalities.

**I Am free to be different!**

**I Am igniting passion on purpose,  
for giving and returning to me,  
belonging present in every living  
moment with grace and ease.**

I Am opening my heart to joy and  
blissful harmony by existing outside  
my ego.

**I Am life happening when least  
expecting it!**

I Am training my thinking to be in  
attention of nothing for saying  
only what's present in purely a  
sense right now of personal  
empowerment.

I Am allowing my greatest  
intention to fulfill my every need  
and desire for abundance by  
manifesting in every molecule  
and atom of my individual  
universe.

I Am a steady rhythm in unknown  
exploration existing with a  
comfortable easiness for precise

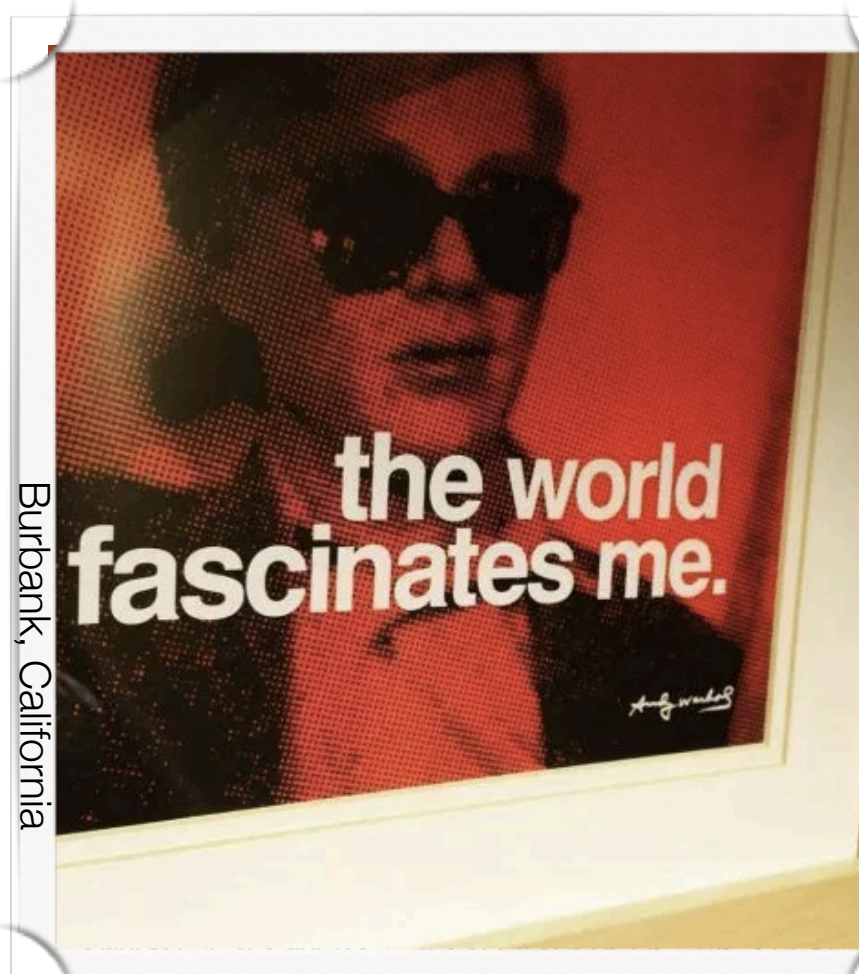
focus in the consideration and respect  
of complete surrender.

**I Am rushing nowhere to witness  
evolution growing in stillness.**

I Am action finding and reflecting the  
love in myself returning with mystical  
force needing no explanation.

I Am guiding the discovery of my  
origin and fulfilling a commitment of  
extreme simplicity and severe  
profoundness.

I Am a revival of extreme fascination  
and profound miracle accepting  
nothing is the way to experience the  
nature in everything.



## Human

Being different. Hey, that's the point.  
It's on purpose. Still love you. No  
experience is a threat. Be open. Go  
there.

Song: Brazil,  
Declan McKenna



I Am no longer processing any message here upside down.

**I Am setting myself free to escape the unconscious programming of a human condition in conflict with my Living Spirit in purely reflective self-realization.**

I Am standing above the world a better hero with unreasonable courage to question everything to satisfy self and be a transformation signal.

I Am not in competition.

**I Am expressing only the way I can!**

I Am what lights up giving movement.

**I Am in constant gratitude to keep going forward.**

I Am opening my greatest intention by a required Surrender.

I Am welcoming the homecoming of a Divine spark for not knowing anything as a new beginning for creating all living.

I Am the same power and exact result of what I Am choosing!

I Am evolution without having answers at the start; only question why create life?

**I Am letting myself go where intuition and self-awareness take me.**

I Am what matters in every instant impacted by my message and creations.

Inwood Hill Park, New York City



## Love & Rainbows

*First in your mother's eyes. Simply love. Unconditional presence. A complete living possibility. Where did you go? Come home.*

Song: It's A Wonderful Life, Sparklehorse

**I Am the result of my greatest intention present in every sexual, spiritual, mental, emotional, physical and financial relationship.**

I Am uncovering introspection and reflection in acknowledgement of my Living Spirit in everything.

I Am showing up with a tap, poke, whisper...my intuition a loving confirmation without a shadow of a doubt revealed in pure joy to neutralize the mental charge of any fear.

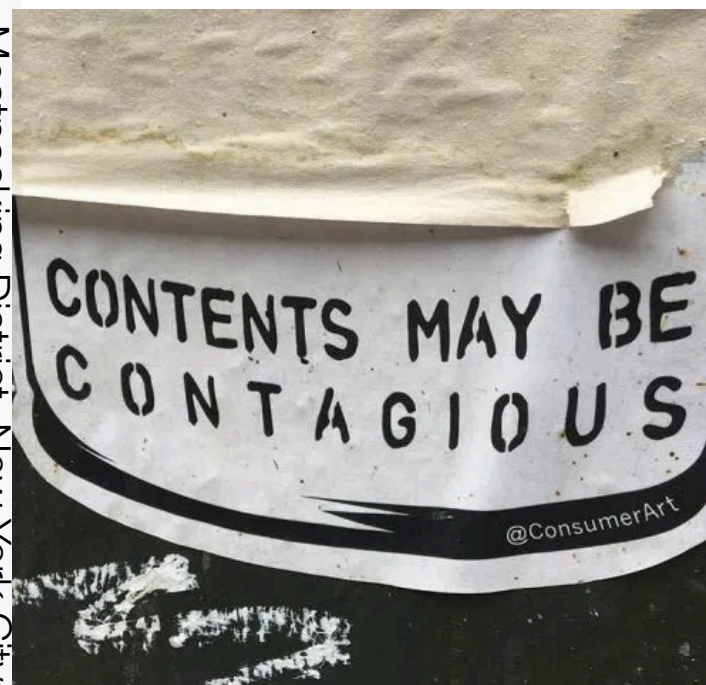
I Am just trusting everything is right now.

I Am the pure reflection of my Living Sprit simply existing for expanding a universe with no end.

I Am gently becoming nothing in submission of having what I truly love for my own evolution.

I Am not easy!

Meatpacking District, New York City



## No Filter

*No more of the same in front of you. It's time. Accept this experience. Stop running. Show yourself. Even if only to one. Serve the chaos...don't box it. No getting stuck "a head." Act now. An idea saved every one and every single one has an idea. Yes, even you. What's waiting to show up right now?*

*Song: Wild.  
May Erlewine*

**I Am a conscious commitment of surrendering every step to enhance an easier transition in persistent routine and habit.**

I Am giving consent for letting go for context, clarity, and agreement no longer fighting to be heard inside silence and stillness.

I Am producing with genuine imagination stretching anywhere and meeting any thing for a successful journey of freeing any conflict I still hold on to.



I Am in partnership with my breath, or the plant, to clear thoughts for universal knowledge to integrate my living mind and body, with the eternal soul.

for revealing joy and peace returning unconditional love to me.

I Am living in full command of myself!

I Am upgrading everything with newly downloaded knowledge in a world loving me unconditionally.

**I Am honoring whatever calls to me now, and every living moment.**

I Am no longer lost to conquer a false urgency, or suffering in strategy, to fix, or figuring out how to do anything struggling to find a way.

I Am only giving awareness to what lifts my heart and peaks my curiosity

**I Am here. I Am now. I Am the spirit centered around me.**

**I Am accepting awareness IS awareness showing up in my self-conscious for paying attention to now.**

I Am trusting myself completely without doubt or any outside judgement in the neutral awareness of unconditional



East Village, New York City

## Bad Thinking

*Settling is a real bitch! An absolute cage. What again is considered more super important?!...than really living?*

*Song: Trouble,  
Cage The Elephant*

I Am softening inside to produce and receive clear honest information.

love.

**I Am allowing myself to simply exist now.**

I Am a life like a flower flourishing with light to sustain its existence and give essential breath to all.

I Am evolution in not knowing when, where, or how the mystery grows.

**I Am having my living mind love everything by becoming nothing but the faculty of it.**

I Am in universal faith of compassion and love, trusting, committing, and relating from a place of cooperating with others without sacrificing my own

needs that is undeniable in observing creation happen.

**I Am not in a chase, but holding my intention present in each moment so it attracts me here.**

I Am blossoming like imagining unfolding upside down communicating how life reveals what it needs me to do emerging as a modified variety and intensity.

I Am achieving complete presence of something standing tall above my empty brain.

**I Am the unlimited approval of my Living Spirit beyond what I know.**

I Am a birth experience condition of my soul independently.

I Am not opposite of the ever expanding immortal desire of central conscience living inside infinite contact.

West Village, New York City



## Passion

*The right path. When you'll look funny. Stupid. Crazy. Different. To birth an idea. And absolutely grow it. Knowing it will need a helmet for a while...and you too. Keep doing. To stay alive. So proud of you.*

*Song: Good Luck,  
The Undercover Dream Lovers*



I Am challenging my easily compromised ego to stop developing personality and posturing identity to be afraid of who I Am.

**I Am the ever expanding cosmos integrating salvation becoming real in fulfillment of me.**

I Am a piece of Divine spark to purify any inclination to control, and break through patterns of social conditioning, for roaming outside of current knowledge and skills in my living mind only trained to think any other way.

I Am becoming aware of the personal illusion for the greater realization to abandon fear, judgement, and resentment for natural unconsciousness.

**I Am now completely free when I feel centered inside me.**

SoHo, New York City



## Free Samples

*Wanting to love? Only give what to receive. Feel another close; neutral...now. Imagine. Hurt getting colder. Nervous energy is the synchronicity... working.*

*Song: Nothing More,  
The Alternate Routes*

I Am want I have always wanted yesterday, now, and tomorrow.

**I Am not the thoughts with me, but the experience where I Am going.**

I Am what must be thinking that way.

I Am capable of merely thinking without distorting the senses. I Am

resigning any nervous demand making it absent of movement and sound.

I Am shifting the power paradigm from control to command by selecting to be more free to accompany harmony to exist out of nothing.

**I Am welcoming the sensory pull of perception pulsating and stimulating without emotional attachment.**

I Am a rare nerve of lightness with the power to choose what brings life to life.

I Am being love; it matters.

**I Am life creating life.**

I Am not explaining to anyone; only to God.

I Am no longer hoping really living is not a lie; knowing my life is not.

**I Am the secret intention of my own attraction.**

I Am no condition for taking action for a new experience.

I Am the freedom of authority; liberty in myself.

I Am unconsciousness rising with each core action opening every dimension of me as well.

**I Am doing what works for me.**

I Am love with no conditions; a God, among Gods.



## Grow

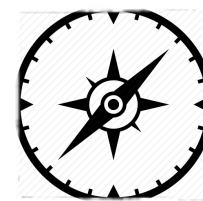
*Act on what's good showing up. Especially scaring. A just knowing feeling...it tickles. Seem to definitely have double extra cheese or special sauce. THE push or pull you need. Why fight? #surrender*

*Song: Only The Wild Ones, Dispatch*





Tribeca, New York City



# Change The World

Surrender





**I Am what lifts my heart; peaks my curiosity.**

I Am the algorithm in myself revealed in delving deep in my soul and letting go of any outside mind control.


I Am a step-by-step surrender of core influence in making my soul click; my spirit whistle.

I Am becoming aware of the glistening synchronicity already signaling hope of getting the most out of this physical experience in tangible ways.

**I Am what matters in every way experiencing reality, everything I Am is right now, existing here.**

I Am a rare nerve of lightness feeling a wonderful tickle striking blissful happiness with a delicacy of articulating the strongest wisdom

Search For Now



## Here

*True nature is meant to be mysterious. Not in what it does but doesn't. To solve the mystery. Examine focus. True nature is revealed.*

*Song: Hold On.  
Alabama Shakes*

already present in myself, and everything.

**I Am not able to absolutely explain how intention illuminates out of static.**

I Am conceding my Spirit is here, moving through mental impressions and sensory stimulation for understanding each living moment with organization, identification, and interpretation.



I Am in surrender of a secure and warm savior cradling me in entirety for balancing my senses without hurry inside life's 'lost and found' complexity.

**I Am a wonderful epiphany smiling at me again and again.**

I Am like eloquent graffiti fondly communicating language of a greatest loving memory with precise accuracy and integrity of the Living Spirit in absolute agreement of my distinctive character objective.

I Am to surmise an unconscious vision far removed from common mention to instantly light up in an easy intention or revelation.

I Am aware of a lightness piercing my heart like hitting a bullseye striking deep inside me!

**I Am living only in anticipation of magic.**

I Am giving my living mind a sparkling thread to follow by playing and exploring entirely free.

I Am taking time to pause and reflect for a little each day.

**I Am allowing only loving words to command my**

**living now.**

I Am in attention of immediate joy and peace navigating and connecting organically while neutral here.

Asbury Park, NJ



## The Flock

*Can't become something without fully being it. Why sit on a fence. Throwing rocks. Stopped. Scrolling Facebook. Liking. Searching without one step. Have to go there.*

*Song: Cardinal,  
Mt Joy*

**I Am allowing stillness to create emptiness making me confident, open, and free.**

I Am accessing a space void of thinking by only listening for breath going in and out of my body intently;

or by closing my eyes while feeling the tempo thoroughly of a peaceful song.

I Am filling me with powerful words and inspiring ideas to amplify this life experience with freedom, confidence, and choice; or something better, for awakening the

full truth and intelligent reality for creation in peace and harmony for my self, and all.

I Am turning everything around for seeing me giving myself without exception...just showing up with a genuine smile about the world.

**I Am every possible sense and feeling validating this is me.**

I Am here!

I Am breathing slowly in and out! I Am the savior of me to allow not living safe.

I Am just exploring by which feels like surfing perfectly above the crest of every energy wave.

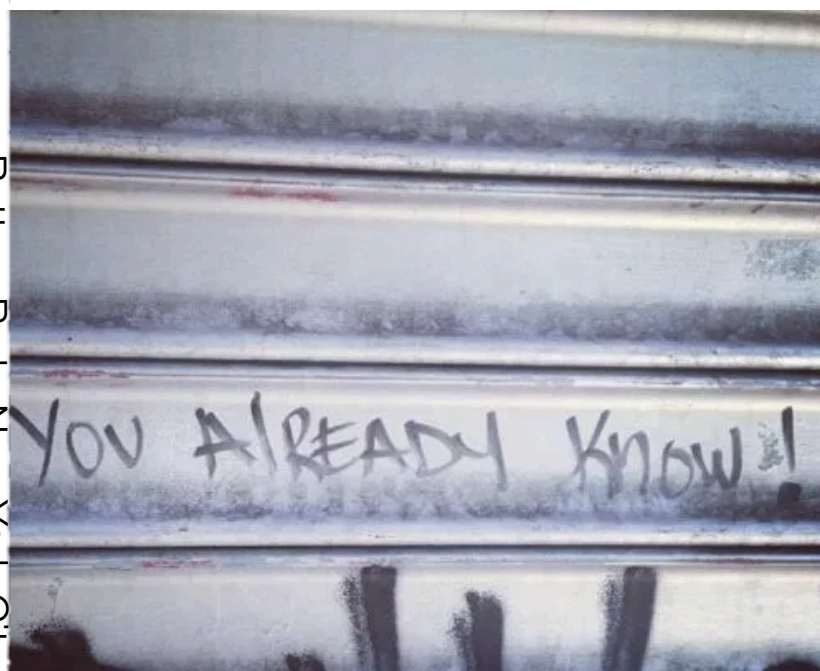
I Am surrendering to the chaos, knowing with practice, I can balance myself serving a precise way capable of overriding any thought otherwise.

## Knowing

*See how easy it is to escape?! Smile. The greatest thought you can ever have. A spiritual safe word. Use it any time you feel parked. Remember, it's you who's driving. Put it in gear. You're free.*

*Song: No Hard Feelings.  
The Avett Brothers*

Battery Park, New York City





I Am no longer holding my breath in fear.

**I Am letting go holding any fake anxiety or false fear so it's absolutely gone.**

I Am breathing in fresh air, and then exhaling in comfortable release of breath and energy no longer serving me.

I Am not knowing an answer, or being anything first while fully awake and inside and totally alive outside of myself in each living moment.

I Am becoming like the attention that suddenly wakes me while dreaming about what to remember.

I Am aware there is no bad journey ultimately; only passage.

I Am the challenge and the opportunity!

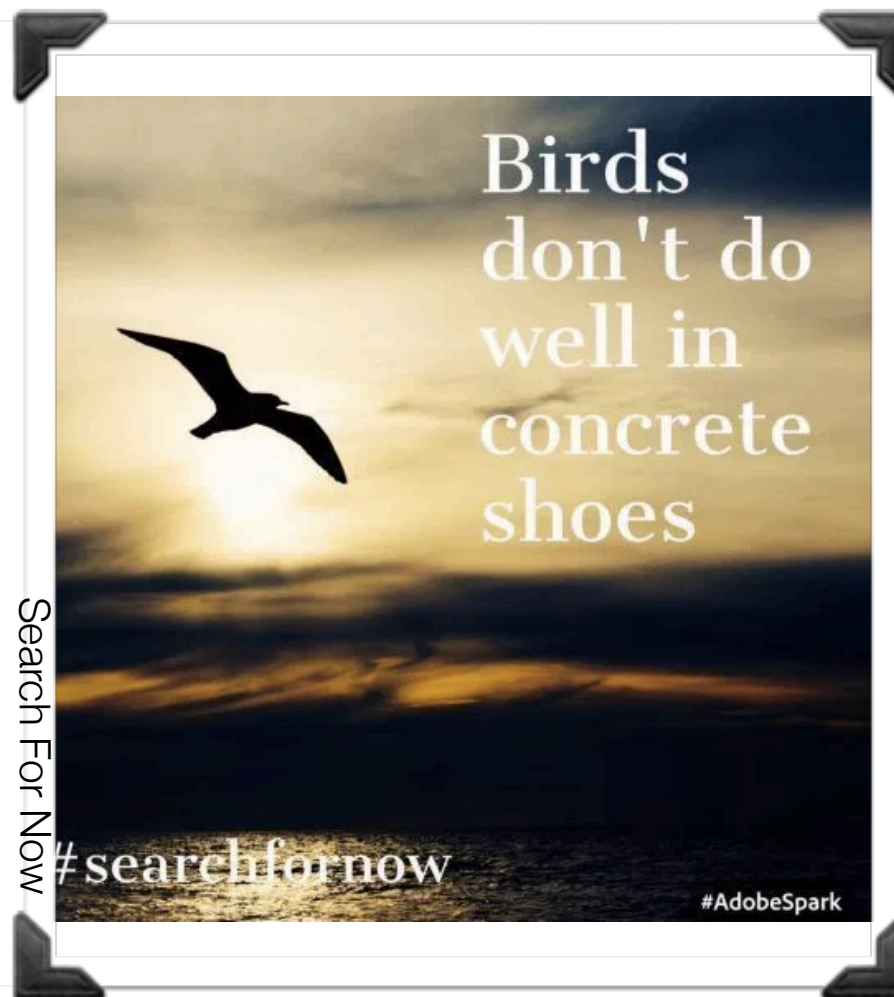
I Am no longer judging myself or anyone.

**I Am now ready to begin demonstrating a rare nerve of lightness in me.**

I Am not in control to enjoy instant attraction and wild surprises.

I Am not going to worry to pray for what I don't want.

**I Am just the essential nature of being here with no expectation to lure what I truly love to be clear in me, and no longer just pass by.**



## Dare To Finish

*No intention alone. Act! One lifts the other. Vice versa. Get off the couch. Take a step. A tiny bite. Now you've begun.*

*Song: The Trapeze Singer, Iron & Wine*

**I Am receiving my intuition  
introducing itself in unconditional  
love within all my senses now.**

I Am recognizing a powerful wave of equal thoughts with a knowing frequency of occasions slowly validating a deeply felt instinct or intuition.

I Am like imagining catching a tiger by the tail and feeling the rush in my body as it turns around to look back right at me.

I Am afraid of the parts of me not yet fully known and acknowledged but I Am no longer hiding me to give freely to totally uncover myself.

I Am a choice of expanding the possibilities and opportunities by letting go of all beliefs for just showing up!

West Village, New York City



## Speak Up!

*A presence benefit. Telling absolute truth. To self (and others). Thought while neutral. Spoken wide open. Let it go!*

*Song: Of Monsters and Men, King And Lionheart*

I Am focused on obtaining a higher vibration lifting me in surrender, and a confidence knowing it has forever.

**I Am granting any nervous feeling  
pause for going deeper, farther,  
wider.**

I Am what rescues me from social conditioning with my burning spirit bright inside.

I Am not forcing anything to happen again.



**I Am nature happening in  
appreciation and preservation of  
nothing before or after me.**

I Am my own permission to go for it.  
I Am becoming  
familiar with what is  
making contact with  
increasing  
repetition;  
overcoming the  
static.

I Am the spirit  
powering a beacon  
for intelligence  
lighting up  
temptation and  
resonating without  
chase.

I Am immediately  
grateful to be  
recognized again  
every time and in  
every cycle around  
myself.

**I Am the life I love giving and  
receiving what I Am being, doing,  
and having.**

I Am a love I share, so beautiful, like  
the greatest rainbow ever for  
freedom, confidence, and choice.

I Am  
documenting in  
a journal of my  
best pictures,  
words, color,  
insight,  
drawings,  
whatever is  
coming  
through in  
singular, playful  
interest, with  
full expression.

**I Am a feeling  
asking please,  
remember me.**

I Am here  
again, and again, and again!



## Awake

*Now to realize becoming what you desire.  
To belong in the moment. Deeply accept  
it's who you are already and surrender  
everything to that spirit now..and now...  
and now...and now. Let go! Become it.*

*Song: I Will Follow You Into The Dark.  
Death Cab For Cutie*

**I Am a celebration finally meeting  
me returning exactly all I ever  
wanted.**

I Am raising a frequency not rigid; and  
interchange is common.

I Am the rare nerve of lightness  
actually finding myself!

I Am now aware inside the chaos of  
my personal unconsciousness  
creating an unreasonable reality by  
now paying attention to any false  
element of danger, shaming beliefs,  
or being rightened; for changing my  
living mind.

I Am no longer seeking safety by  
forced control and a lack of trust so  
to surrender my living mind in

stillness for uncovering how to feel  
good and free every life now.

**I Am the light to reorient and heal  
for the full restructuring of my  
Divine spark in absolute wonder.**

I Am the greatest intention present  
now and in every living moment  
centered in my heart and balanced in  
supernatural perception;  
compassionate nature.

I Am never feeling bad, will be  
respectfully unreasonable, and have  
no hard feelings, for expressing my  
Divine truth living here now.

**I Am whatever is having the most  
joy and peace just showing up  
being here to go anywhere.**



## Pause

Totally miss a living moment. With a  
slightest pause. Triggered guarding  
hurt. Anchored in doubt. Pushing  
fear. Holding back. Shielded for  
safety. (sigh) Choosing now.

*Song: The Breach,  
Dustin Tebbutt*



**I Am remembering me for being an example of helping wake up everyone's easy passage.**

I Am important!

I Am starting by bringing thoughts back to me and no one else.

I Am appreciating to understand life is upside down in figuring out here.

I Am free knowing nothing and no longer in a cage.

**I Am the only thing another gives me a truest reflection of myself.**

I Am what is loved connecting all.

I Am life creating life!

I Am a resurrection of meeting myself in the illusion and charging no choice with emotional consequences.

Horatio Park, New York City



## Home

*Absolutely strike yourself in such a good way now. Command it. Time always finds a way back here...to this living moment, where YOU belong. Be perfectly still. Experience the feeling...knowing will serve. Be completely at peace. Carry on.*

*Song: Follow The Sun.  
Xavier Rudd*

**I Am just free living neutral in-between everything.**

I Am showing up for my eye to see, giving my hearing a sound, feeling so right in stepping forward.

I Am not anything first, or knowing an answer!

I Am no longer trying to predict, therefore limiting, where independence and diversity may come from.

I Am asking the masters and teachers to help instruct me with any hint of confusion by asking, "Oh vastness, bring me to birth."

**I Am the only witness of a central motive branching effortless in every direction from a rooted energy disrupting the universe, serving chaos, and affecting the world inside and around me.**

I Am rejecting the need of complicated rules or rituals.

I Am in a constant unraveling of beliefs on this path of surrender to repeatedly work best and

belong in every living moment.

I Am a statement of words and expression ringing like crazy in each dimension of me forever together.

I Am nothing but the love I give, and receive in action of filling the air with creative intelligence.

I Am genius!

**I Am a prayer to honor and remember.**

I Am knowing; to return, hold memory here.

I Am guiding thinking to assist never choosing anything that doesn't resonate with me.

I Am directing my living mind to love seeking happiness with every new possibility.

No one is you and  
that is your power

## Searching

*What if absolutely everything happening right now; thoughts, feelings, actions...fucking everything, is the moment you keep looking for later to find something better in.*

*Song: Oh Wonder,  
Drive*



I Am not perfect but impeccable.

**I Am understanding you don't  
change the world hiding in it.**

I Am just open on where to go; no  
longer in my own way.

I Am ready to go on a real  
adventure.

**I Am obvious in surrender of  
myself.**

I Am from a place where it feels I  
need to do nothing while creating  
everything.

I Am in no debt to anyone; no  
one owes me.

I Am open for the guiding  
messages of what life is telling me  
right now.

**I Am in unconditional love  
expressing all of me.**

Washington Heights, New York City



## Challenge

*Here's how to face yourself and win. Do absolutely nothing. Stop. Before you finish thinking bullshit. Really listen to that command. Now get out of your own way. Understand now? It IS possible to be present. No more pointing blame to before or after right now...OK? Release what you learned. Start here. Let go.*

*Song: Lean.  
Blonder*





## Shift Evolution

Exist



Los Angeles, CA.





**I Am being actively recruited for evolution!**

I Am igniting passion to be my best to belong in every living moment.

I Am in surrender able to switch my reality instantly impacting the entire universe around me by projecting a better open-ended question.

**I Am in association and creative alliance of everything in a state of becoming for play and exploration.**

I Am using the tools and memories only pulling in what lifts my heart and peaking my curiosity for reclaiming my infinite self as powerful, loving and fully in agreement of bountiful Divine consciousness.

I Am knowing the difference is no longer comparing me to others for protection.

I Am so bright!

West Village, New York City

**CommUnity**

*Watch a lead bird. The flock follow even though they can also fly as well. Lazy? Intelligent? Actually. Look closer. Each move all forward taking a turn at the head of the pack. #soar*

*Song: Born Again,  
Josh Garrels*

I Am a rare nerve of lightness in transformation, creation, and combination of inner strength, playful spirit, and cooperation beyond fear.

I Am saving myself by allowing a miracle coming out in collaboration with universal peace and joy.

**I Am being neutral first.**

I Am deciding to give my attention to being fully present right now.

I Am communicating strong and fearless truth.

**I Am playing big to wow the living mind to unconditional love now.**

I Am forgiving all borrowed without equal return to me and ask to be forgiven for moments when taking any advantage unfairly.

I Am free to say anything here for growth to another kind of existence altogether.

I Am not a fight to be heard when real, raw, and free.

I Am understood when adding my authentic voice.

**I Am just responding without the ego only training to think the other way.**

I Am not afraid to show up as a curious, fascinating self.

I Am using words exactly as given by my intuition to command letting go of fear-based control for what's top of mind in my self awareness.

**I Am honoring the most important thing I have to do here is communicate truth.**

I Am in love to surrender the active mind in living moments of stillness to uncover my passionate spark.

I Am not anything first to stop being 'someone' so there is no competition.

I Am expressing only the way I can so all can meet where deeply I am.

**I Am allowing how to do it is up to me.**

Harlem, New York City



## Yours

*Simply fucking amazing. The feeling of real happiness. Gawd. What a truly joyful tickle. Darkness retreats. May it touch you deeply. Accept it.*

*Song: Fire and the Flood,  
Vance Joy*



I Am simply expressing what lights up and gives me movement.

**I Am making a happy face when sharing I Am loving this life!**

I Am no longer holding any bad judgement and every criticism others have made about me from as early as

I can remember; or within any existence.

I Am no coincidence in a greater intelligence leading to new awareness to explore "what causes me?"

**I Am already holding the capacity to be free.**

I Am the revolution by letting go trying to control this living moment for being in command to come play with me 100%.

I Am unconditionally loved simply by my existence.

**I Am changing the game.**

I Am bringing my unique gift to the community.

I Am a vehicle for each and every one to grow.

I Am completely in love with myself so others may to.

I Am at peace with my condition.

**I Am uncovering or creating a first time in every moment.**

I Am downloading a new foundation of freedom and stability; fun and play.



West Village, New York City

## Poof

*A magic audible. Command thoughts: Go to a happy place! When imagining bad things starting to happen.*

*Song: Dog Days,  
Florence + Machine*

**I Am open to have my Living Spirit fill the gap with what's new and allow my body to let go fully of what was.**

I Am uncovering wisdom in this moment, present all around me; discovered by spirit and uncovered through my heart.

I Am my safest space.

**I Am asking my Living Spirit now to consult me.**

I Am what is valued most in my greatest challenge.

I Am as good as anybody and better than the rest.

I Am the way to put my words to action.

I Am here; now.

Times Square, New York City



## Cheat

*Lying is just so destructive. Needs constant guard to hold any power. No good energy. Never a positive outcome.*

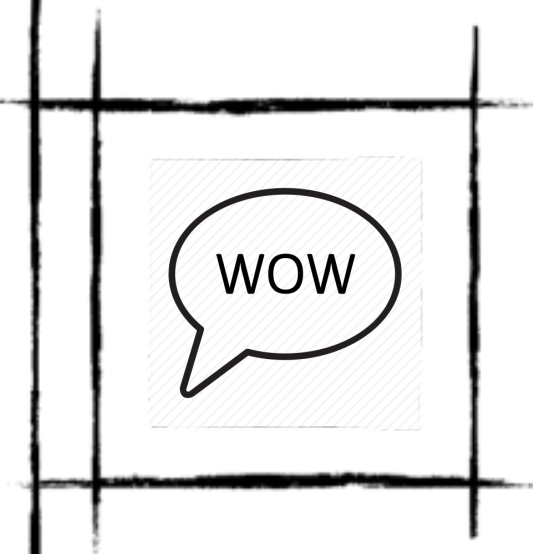
*Song: Cringe,  
Matt Maeson*





Hollywood, Blvd. Los Angeles, CA.

Book of Spirit II | Every Life Experience  
Attention



**I Am Already  
WOW!**

Delight





I Am understanding to peek on the other side of one's self in another will uncover nothing but ideas and language that seem to be foreign gibberish...even images out of this world!

**"I AM ALREADY WOW!"**

I Am no longer choosing to satisfy repetitive thoughts, or overthinking to justify a meaning with programmed or taught beliefs. I Am letting go!

**"I AM  
ALREADY  
WOW!"**

I Am now in stillness being responsible to quiet the living mind. I Am in surrender giving exact attention to becoming nothing; neutral in thought, calming the body.

**"I AM ALREADY WOW!"**

I Am simply grateful for being here.


**"I AM ALREADY WOW!"**

I Am just free to play and explore by first not knowing an answer, or being anything to let attention find me.

**"I AM  
ALREADY  
WOW!"**

I Am using self-awareness for uncovering what is lifting my heart; peaking curiosity?

**"I AM  
ALREADY  
WOW!"**



West Village, New York City

## Human Instruction

*Choose neutral; creator. Living in a reality you manifest. Intention works way better.*

*Song: Something Here, Day Wave*



I Am allowing my sensational Spirit to emerge out of me now and ignite pure astonishment or admiration in this living moment causing myself to proclaim out loud...

**"I AM ALREADY WOW!"**

I Am saving and remembering each wow as proof of a conscious surrender of any current moment, and so on.

**"I AM ALREADY WOW!"**

I Am now committing to the following pledge by saying to myself just before starting a new day to unleash a rare nerve of lightness in anticipation of magic. I Am letting my spirit shine!

**"I AM ALREADY WOW!"**



Los Angeles, California

## Raise Your Voice

*How do you talk to yourself? Is it gentle; hard? What's the tone; sad or smiling. Why just observing? Take control. Where to from here?*

*Song: Where's My Love.  
Smyl*

*I Am will act without defining the possibility.*

**"I AM ALREADY WOW!"**

*I Am no reason not to surrender because I Am 'going there' one way or another, whether I want to or not.*

**"I AM ALREADY WOW!"**

*I Am letting go even fighting my living  
mind and will just be here now.*

**"I AM ALREADY WOW!"**

*I Am not in need of knowing where  
spirit may come from.*

**"I AM ALREADY WOW!"**

*I Am allowing myself to go to the  
furthest edges for transforming my full  
awareness.*

**"I AM ALREADY WOW!"**

*I Am returning back to stillness in  
every living moment for radical  
evolution.*

**"I AM ALREADY WOW!"**

*I Am choosing surrender to  
experience more.*

**"I AM ALREADY WOW!"**

*I Am the Spirit like glue holding totally  
with synchronicity between me and  
everything.*

**"I AM ALREADY WOW!"**

Central Park, New York City



## Transform

*Terrified to unleash this spirit.  
Accept it. Can't be me. So  
many questions. Keeps  
pulling. Now shift. Surrender.  
Intend it. Let go. Act forward.*

*Song: Wonderful,  
My Morning Jacket*



*I Am not afraid to surrender myself.*

***"I AM ALREADY WOW!"***

*I Am the filter to cleanse each thought  
and opinion with pure lightness and  
joy.*

***"I AM ALREADY WOW!"***

*I Am an example of the rare nerve  
in anticipation of magic.*

***"I AM ALREADY WOW!"***

*I Am life creating life.*

***"I AM ALREADY WOW!"***

*I Am not against me.*

***"I AM ALREADY WOW!"***

*I Am no longer in agreement with  
sharp judgement in mocking,  
shaming, and disapproving opinion.*

***"I AM ALREADY WOW!"***

*I Am crazy sometimes to be free.*

***"I AM ALREADY WOW!"***

*I Am knowing deep inside me,  
someone: something, is moving US  
forward smiling and tickling my  
attention.*

***"I AM ALREADY WOW!"***



**OK**

*To witness deep happiness. You feel it,  
even watching. Striking hello. Inviting,  
"be here now!" All are welcome.*

*Song: Still Love  
Great Caesar,*

*I Am recognizing a constant ringing bell, or feel a tickle, when calling myself.*

**"I AM ALREADY WOW!"**

*I Am the Living Spirit whistling to call me inside.*

**"I AM ALREADY WOW!"**

*I Am giving the encouraging feeling THIS is my way.*

**"I AM ALREADY WOW!"**

*I Am nothing else like it.*

**"I AM ALREADY WOW!"**

*I Am free.*

**"I AM ALREADY WOW!"**

Lower East Side, New York City



## Genuine Resume

*Likes fluffy fashion. Needs to be noticed. Scared to taste broccoli. Is ticklish. Hides through hurt. Million dollar smile. \*Qualities deserving true presence.*

*Song: Celeste,  
Ezra Vine*

*I Am exploring here; now with me.*

**"I AM ALREADY WOW!"**

*I Am giving up becoming someone.*

**"I AM ALREADY WOW!"**

*I Am listening for a sense in feeling who I already am.*

**"I AM ALREADY WOW!"**



*I Am a living spirit here to begin again.*

**"I AM ALREADY WOW!"**

*I Am the energetic purpose of every event, thought, words, emotions, and intention present in every moment of my past, present and future.*

**"I AM ALREADY WOW!"**

*I Am now aware of a powerful frequency breaking through motionless to command living and speaking in reflection of my deepest trusted instinct and intuition.*

**"I AM ALREADY WOW!"**

Washington Square Park, New York City



## It's You!

*Command is not as tough a word individually. Have to speak deeper. Strike! Declare attention; proclaim purpose. #addpower*

*Song: Janglin,  
Edward Sharpe & The Magnetic Zeros*

*I Am a level of selflessness and cooperation most struggle to achieve.*

**"I AM ALREADY WOW!"**

*I Am completely different like each finger while also being connected to all like a hand!*

**"I AM ALREADY WOW!"**

*I Am no longer fighting to be heard.*

**"I AM WOW!"**

*I Am breaking  
free from a rut  
of stress by  
finding a way to  
express myself  
today.*

**"I AM  
ALREADY  
WOW!"**

*I Am detached  
from emotional  
baggage.*

**"I AM  
ALREADY  
WOW!"**

*I Am committed to start fresh in every  
now.*

**"I AM ALREADY WOW!"**



## Boldly

*The way you're suppose to go acts  
without questioning anything.*

*Song: Selfish Love,  
Jessie Ware*

*I Am becoming an active example for  
fully speaking my mind and standing  
my ground rather than hiding the true  
self.*

**"I AM ALREADY WOW!"**

*I Am declaring  
my resurrection  
on the cusp of  
spiritual and  
personal  
rebirth. I Am  
being what I  
must do, or die  
trying.*

**"I AM  
ALREADY  
WOW!"**

*I Am a rare  
nerve of  
lightness in  
anticipation of  
magic making*

*my greatest intention present in every  
living moment automatically, easily,  
and effortlessly.*

**"I AM ALREADY WOW!"**



*I Am without conditions or limits.*

**"I AM ALREADY WOW!"**

*I Am not knowing where, when, how  
intention may happen.*

**"I AM ALREADY WOW!"**

*I Am using my free will to  
balance action and pursuing  
harmony with every choice.*

**"I AM ALREADY  
WOW!"**

*I Am a function with every  
breath that I breathe needing  
the least amount of words  
possible for maximum impact  
in an over communicated  
world.*

**"I AM ALREADY  
WOW!"**

*I Am the intention designed to amplify  
freedom, confidence, and choice  
within my soul experience.*

**"I AM ALREADY WOW!"**

*I Am best and what matters by sharing  
a courageous character now using  
only complete effort toward a rare*

*nerve of lightness in anticipation of  
magic in me.*

**"I AM ALREADY WOW!"**

*I Am the furthest edge serving the  
greatest honor by fully living out loud.*

**"I AM ALREADY WOW!"**

Murray Hill, New York City



## Calling

*Take a risk of showing up now.*

*Song: Invocation,  
Ty Burhoe*

*I Am the power to choose  
bringing life creating life.*

**"I AM ALREADY WOW!"**

*I Am my salvation to activate a  
rare nerve of lightness and free  
myself in self-realization to simply:  
Just Show Up!*

**"I AM ALREADY WOW!"**

*I Am making my greatest intention  
present in every living moment.*

**"I AM ALREADY WOW!"**

*I Am the pure desire of living the  
highest good.*

**"I AM ALREADY WOW!"**

East Village, New York City



## Upside Down

*Turn hurt, fear upside down. The  
opposite is what to choose for the  
other way to act from now on.*

*Song: Born Again,  
Josh Garrels*

*I Am the full expression of my  
miraculous healing power reflecting  
the ability and willingness to receive  
all life's blessings to carry out the  
soul's unconditional loving evolution.*

**"I AM ALREADY WOW!"**





## Make A Happy Face

Love



Ezra Scott-Simpson



**The entire world is a richer place because of you. To simply exist is the gift to have gratitude for each day.**

Inside the Akashic Records where a soul remembers whole lessons and experiences of every incarnation, a counselor was able to talk with and communicate a profound message from my mother who passed in 2009.

My mom articulated the foundation of a calling 'I Am' sharing in the salvation covenant to free yourself being In Anticipation of Magic. It was my call to act, how to belong in living each moment, and to open the gift of expansion to see and be in the heart center. In love.

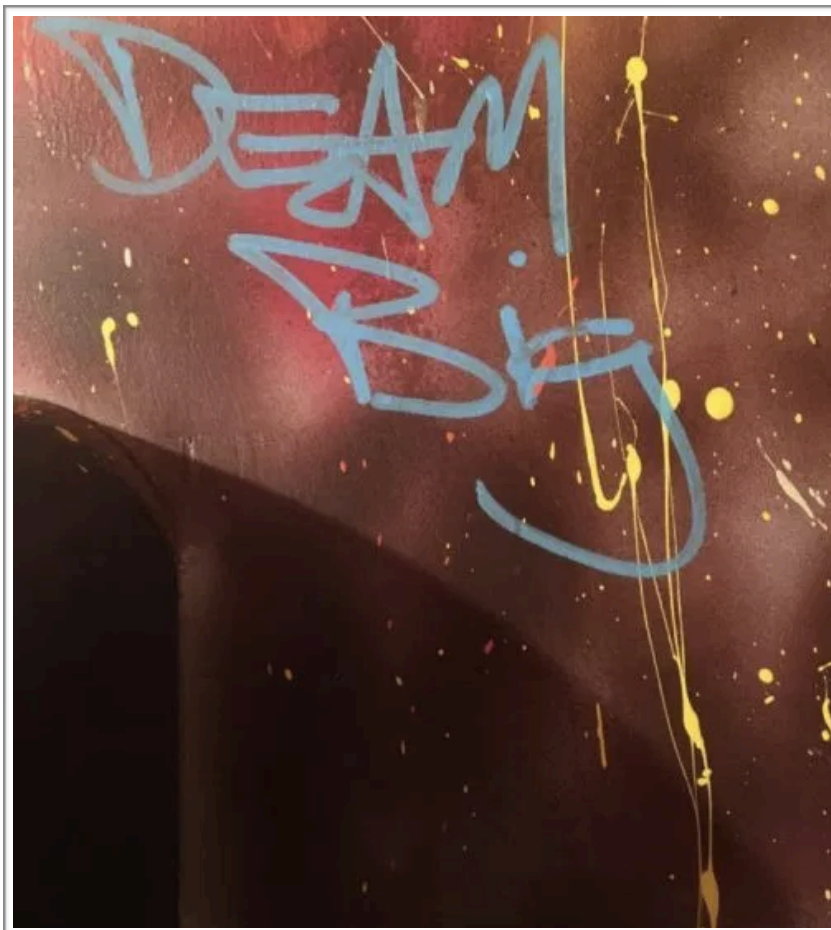
My mother's message:

***"Your freedom of mind; free open heart...all that you give is so beautiful to me now. Just make sure you let your self receive as well. Your love moves out into life and it will bring you what you desire in***

***form. The life that you love is the life you will have. The love that you share is (showing the reader an image) so beautiful like the best rainbow ever. I always knew how beautiful you were. In my passing you told me it was going to be alright. Make your face a happy face***

***(she drew a happy face image for the counselor). It's what I wish the most for you. It can be so! The happy face will bless the planet as it already has in so many ways. Don't ever doubt that face lights up the world."***

Angel of Harlem, New York City



## Desire

*Risk being that loner a friend (or eyewitness) expresses seeming normal. Until now. Be that hungry to show up...fully. Surrender. #growl*

*Song: Big Jet Plane,  
Angus and Julia Stone*



**Just Show up!**

Declare I Am here by choice to live life loving every now!

Free yourself in self-awareness and uncover the synchronicity in the oneness of all. Make your happy face the example of a life you love, and the love you give and receive. Stay present by being nothing first and don't know an answer; just curious to uncover a furthest edge for resurrection and salvation.

**Apply these words to your own way. Be what you must do, or die trying. Your individual conclusion is what is right for evolution.**

Empower yourself to stretch thinking for living an adventure playing big to wow the mind. In gratitude fully express your creative intention in confession of an original way to open fully to Divine response, support and love.

## Command

*Wake up. What you feel is no accident. Now is the time to stop hiding. Show yourself. All need the spirit to be here in a new way. Make a difference. The synchronicity will expand truth. It's promised. But not without YOU fully awake and doing. Be present. No more sleeping.*

*Song: Stay Alive.  
Jose Gonzalez*



Upper West Side, New York City

Your relationship to experience is just as important as the experience. To simply exist as a seed to serve is a very important role to play. Starting as like a dim light and quickly increasing. Listen!

**Life will communicate what it needs you to do. Perseverance will reveal the way.**

The most beautiful thing you do for all is giving, sharing, saying, sending your love.

I'm so proud of you! Continue making a path where destiny takes you.

**The guide is always following the glistening thread of what lifts your heart, and peaks curiosity by trusting soul-intuition.**

The knowledge and prophecy passes from heart to the senses; mind to mouth and ear. Each person in your unique language; every being in your own way. Don't be afraid.

It's a new year. Always know 'I Am' here and I love you always. May this be your best year ever!!!

Now love; a remarkable journey begins again now. Happy New Year!!! May salvation pull you forward with strength, healing, and wisdom until this time finishes.

Ace Hotel, New York City



## Important

*Still a maybe? What gives?! To fully convince that ego your spirit is super important here. Seriously?! Flirt with the doorman, or use a fake I.D. Just come inside.*

*Song: Running Out After You, Tom Speight*

currently all over the planet that a unconscious revolution is igniting the rare nerve in anticipation of magic. A space to be me.

**Now use the circle on Page 66 to Make a Happy Face that represents you being caught smiling and free**

**You are what a better hero looks like in our world right now living to awaken a new planet. Wherever you are, you can feel it. Wake up!**

Share salvation! Communicate your message. Do it your own way.

Join, or start, a clubhouse for meeting and supporting others realizing

**here. The goal is to create 1,000,000,000 happy faces worldwide.**

Every person will use the same instruction but each giving a unique outcome. A happy face is the expression of freedom, joy, and peace. A universal symbol of love in any time, place, language, and age.



Please plant seeds moving forward being happy here to illustrate your positive commitment to just show up in your own way.

**You will immediately alter the whole realm of this universe. Start to invoke the happy motive to influence action and help free every life living now.**

*Blessings,  
Samy Simpson*

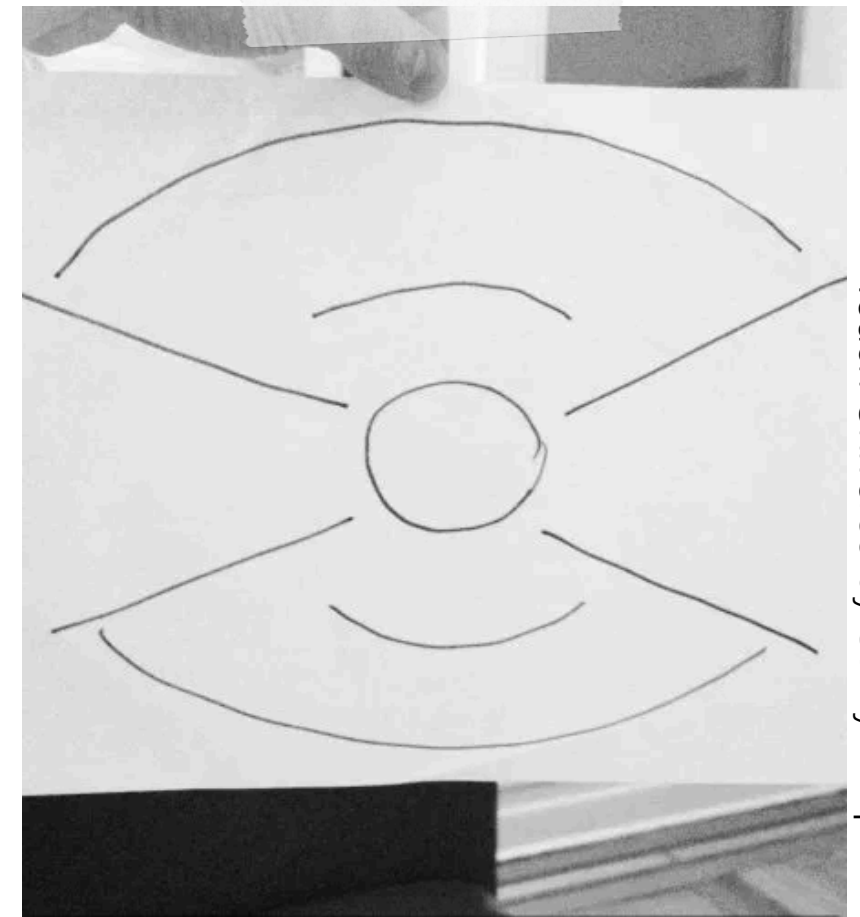
*P.S. May this guidance lift you up to new self-awareness and a wonderful salvation through the amplified experience of always being in anticipation of magic.*

## The Middle

*Don't think of awareness centered as a bullseye but more of a most stable anchor. Ground, Act and Pivot powerfully fully being precisely in the middle of a most sacred essence. Hit the mark with "belonging in the zone" synchronicity. Now playing inside moments all around you.*

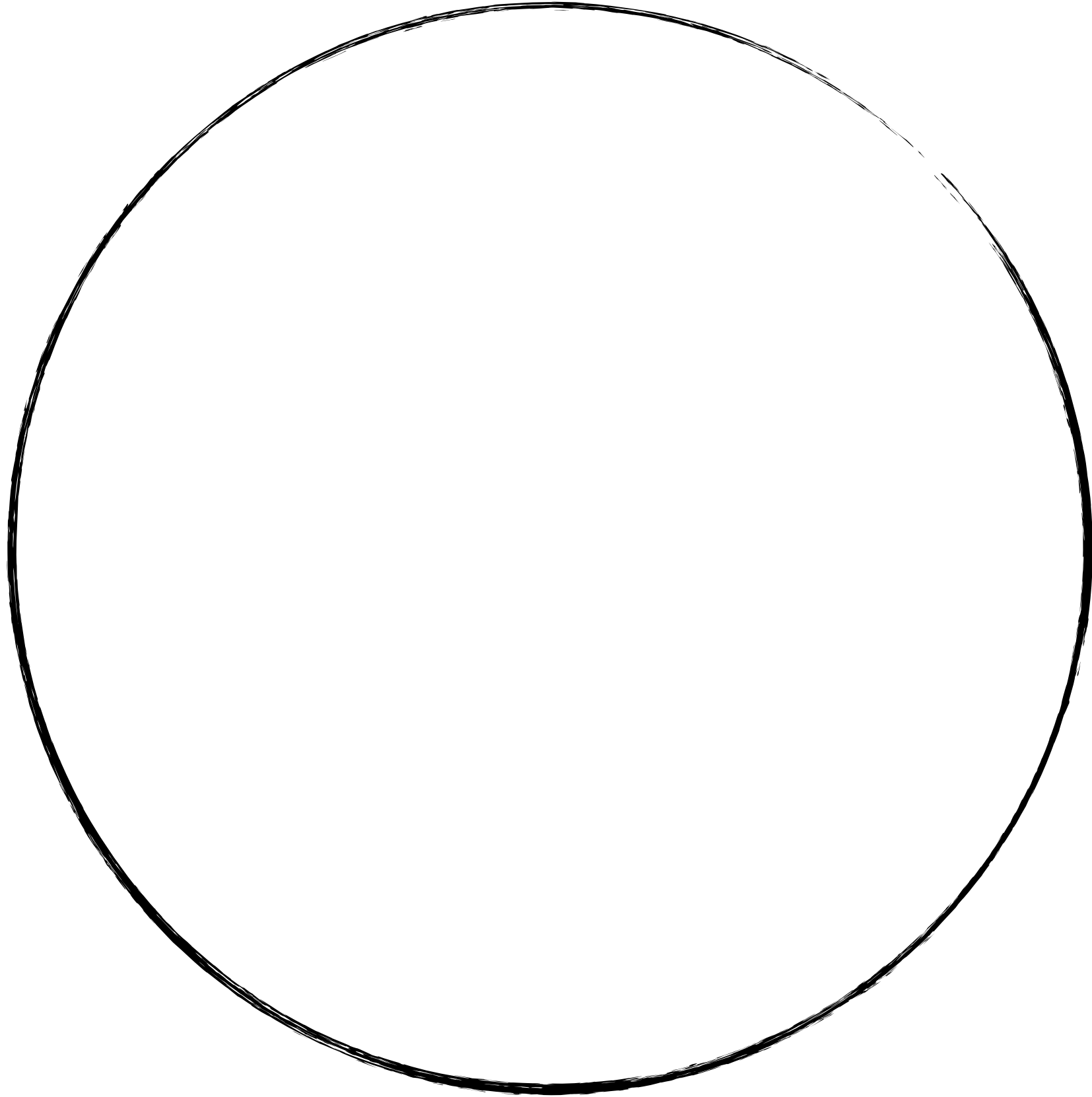
*#spirit #purpose #connection (or #being #doing #having) (equals #freedom #confidence #choice)*

*Song: Six Years,  
A Blaze of Feathers*



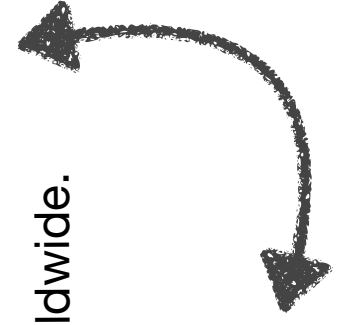
Touch Universe by Samy Simpson

# Make A Happy Face

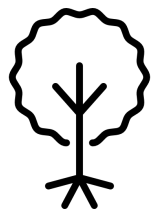


In Anticipation of Magic  
Help support creating 1,000,000,000 happy faces worldwide.

Post using hashtag #happyhere







## No longer deny your duty!

Deeply delve into everything and anything that interests you, makes you laugh; feels like creative expression. What lifts your heart and spikes curiosity becoming a pulse communicating with sound, symbols, and props.



## Just show up In Anticipation of Magic.

- I Am not anything, first
- I Am not knowing an answer
- I Am allowing attention to find me



## Shift reality!

The algorithm to explore, uplift, and inspire yourself is simply pay attention to what tickles all your senses instantly and simultaneously from deep inside your core without pause. It's a way to expand the bubble for creating space for a heaven on earth.



## The power to choose brings life to life.

Your freedom of mind; free open heart is what to wish for in every now. Just show up! Be present using consciousness in creative collaboration with your intuition at this juncture for bringing all tools and memories together here.



## Love living every now.

Your happy face will bless the planet as it already has in so many ways. Don't ever doubt your face lights up the world! The unconditional love moves out into life and it will bring what you desire.



## Start here; now: Wherever you are!

This is the moment you've been waiting for. Begin by saying this command to yourself: The life I love is the one I will have. *The love that I Am sharing is so beautiful, like the best rainbow ever.*





In Anticipation of Magic

# A Guide to Free Spirit

Pier 45 at Hudson River Park, New York City





Help create 1,000,000,000  
happy faces worldwide  
by donating \$1 or more

## **In Anticipation of Magic**

Seekers Wanted! Aliens Welcome.

[www.mindfuckwow.com](http://www.mindfuckwow.com)

Email: [samywsimpson@gmail.com](mailto:samywsimpson@gmail.com)

Twitter @tunedin

Instagram/Facebook: @samysimpson